

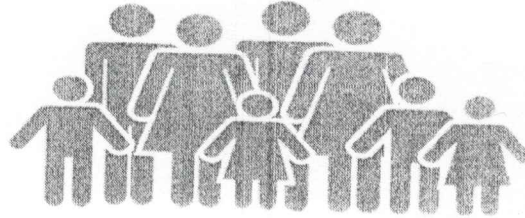
**Vision:** A community where there is equality, respect, empathy and inclusion.

**Mission:** To provide exceptional counselling and outreach in a safe, caring and respectful environment.

The Family Counselling Centre has been offering services for over 75 years and began to offer services in Ayr in 1998.

We value:

- Confidentiality
- Optimism
- Quality
- Diversity
- Efficient use of resources
- Partnerships



Some services that we continue to offer in Ayr North Dumfries

- Counselling at our Ayr office is offered every Monday, Tuesday and Thursday. We offer professional and confidential counselling for individuals, couples, families, children and youth.
- Recreation in partnership with JumpStart. Helping kids stay active by giving kids from families in financial need the same chance to participate as their neighbours, classmates and friends. Whether it's the chance to try a new sport or to continue with a favourite one, no kid should be left out. Apply at our Ayr office.
- Young at Heart Seniors Group - continues to meet for lunch every Friday from 11:30-1:30 at Knox United Church.
- Community supports and services for anyone in need – food cupboard, transportation, back to school, and Christmas support also grocery & gift cards when available.
- FREE Employment Resources for all adults and youth
- Government documents and supports available when needed
- Access to Computer, Printer, Fax, Photo copying

For more information call 519 632 **9737** We have moved to 2958 Greenfield Rd. Ayr N0B 1E0  
(Located in the North Dumfries Community Health Centre)

[www.fccnd.com](http://www.fccnd.com)